



# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Male-B**  
Competitors **10**  
Class **B**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	99	Sigurdsson, Ulfur Darri Team Selfoss	ISL	5.02	3.02	2.00
2	55	Gudmundsson, Magnus Mani Keflavík	ISL	4.97	2.94	2.04
3	98	Olversson, Veigar Team Selfoss	ISL	4.64	2.67	1.97
4	86	Gedvilass, Nojus Team FRAM	ISL	3.62	2.24	1.38
5	67	Szamecki, Wiktor Szymon Keflavík	ISL	3.04	2.22	0.82
6	84	Birgisson, Arnar Freyr Team FRAM	ISL	3.02	2.05	0.97
7	68	Vyplel, Anton Keflavík	ISL	2.97	2.05	0.92
8	5	Eyjolfsson, Sigurjon Kari Afturelding	ISL	2.55	1.90	0.65
9	11	Larsson, Hilmar Birgir Afturelding	ISL	1.94	1.55	0.39

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## Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Male-B**  
Competitors **10**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	99	Sigurdsson, Ulfur Darri Team Selfoss	ISL	5.25	2.98	2.27
2	98	Olversson, Veigar Team Selfoss	ISL	5.05	2.90	2.15
3	55	Gudmundsson, Magnus Mani Keflavík	ISL	4.82	2.74	2.08
4	86	Gedvilass, Nojus Team FRAM	ISL	4.07	2.50	1.57
5	68	Vyplel, Anton Keflavík	ISL	3.52	2.23	1.29
6	84	Birgisson, Arnar Freyr Team FRAM	ISL	3.10	1.87	1.23
7	5	Eyjolfsson, Sigurjon Kari Afturelding	ISL	2.89	1.82	1.07
8	67	Szamecki, Wiktor Szymon Keflavík	ISL	2.48	1.72	0.77

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Cadet Female-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	80	Sigurjonsdottir, Bryndis Eir KR	ISL	5.90	3.20	2.70
2	51	Bator, Julia Marta Keflavík	ISL	4.32	2.50	1.82
3	38	El Bouazzati, Jasmin IR	ISL	3.95	2.39	1.57

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Junior Male-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	3	Bjarkason, Patrik Afturelding	ISL	6.22	3.49	2.74

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Junior Female-A**  
Competitors **2**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	15	Stefansdottir, Athena Ran Afturelding	ISL	6.82	3.94	2.89

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Junior Male-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	22	Thors, Petur Valur Armann	ISL	6.17	3.32	2.85
2	2	Asmundsson, Gudni Fridmar J. Afturelding	ISL	4.97	2.82	2.15
3	49	Atlason, Thorsteinn Helgi Keflavík	ISL	4.57	2.87	1.70
4	62	Ninir, Amir Maron Keflavík	ISL	4.52	2.74	1.79

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Junior Female-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	53	Dobrenko, Klaudia Keflavík	ISL	5.02	2.75	2.27
2	87	Hauksdottir, Eva Thora Team FRAM	ISL	4.60	2.57	2.04
3	97	Olafsdottir, Katla Mist Team Selfoss	ISL	4.42	2.45	1.97
4	96	Kristoferdottir, Viktoria Bjorg Team Selfoss	ISL	4.20	2.40	1.80



# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 30 Male-A**  
Competitors **3**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	21	Reynisson, Eythor Atli Armann	ISL	7.27	4.17	3.10
2	101	Gunnarsson, Egill Kari TKO	ISL	6.84	4.05	2.79
3	95	Sveinbjornsson, Leevi Eli Kaunio Team FRAM	ISL	5.24	3.35	1.89

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 30 Female-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	100	Gudmundsdottir, Solborg TKO	ISL	6.44	3.82	2.62

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 30 Male-B**  
Competitors **2**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	6	Gudmundsson, Sigurdur Mani Afturelding	ISL	4.45	2.70	1.75
2	59	Hermannsson, Karl Dui Keflavík	ISL	4.05	2.50	1.55

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 50 Female-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	91	Petersen, Gudrun Nina Team FRAM	ISL	4.02	2.69	1.34

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 50 Female-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	45	Tjhin, Anna Suryati IR	ISL	5.02	2.52	2.50

# Poomsae individual

## Bikarmót I Poomsae 2023-2024

Category **Ind Undir 60 Male-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	92	Runarsson, Rudolf Team FRAM	ISL	4.65	2.72	1.94

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Cadet-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Bjork Taekwondo</b> Johannsdottir, Asa Inga / Sanne, Jon Thor	ISL	<b>4.05</b>	<b>2.70</b>	<b>1.35</b>

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Cadet-B**  
Competitors **4**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Keflavík</b> Bator, Julia Marta / Gudmundsson, Magnus Mani	ISL	<b>4.49</b>	<b>2.59</b>	<b>1.90</b>
2	<b>Team FRAM</b> Birgisdottir, Lilja / Gedvilass, Nojus	ISL	<b>3.64</b>	<b>2.15</b>	<b>1.49</b>
3	<b>IR</b> El Bouazzati, Jasmin / Tjhin, Anna Suryati	ISL	<b>3.21</b>	<b>1.98</b>	<b>1.23</b>
4	<b>Keflavík</b> Szamecki, Wiktor Szymon / Vypelel, Anton	ISL	<b>3.07</b>	<b>1.94</b>	<b>1.14</b>



# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Junior-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Afturelding</b> Bjarkason, Patrik / Stefansdottir, Athena Ran	ISL	<b>6.47</b>	<b>3.72</b>	<b>2.75</b>

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Junior-B**  
Competitors **2**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Keflavík</b> Dobrenko, Klaudia / Ninir, Amir Maron	ISL	<b>4.60</b>	<b>2.55</b>	<b>2.05</b>
2	<b>Team FRAM</b> Birgisson, Arnar Freyr / Hauksdottir, Eva Thora	ISL	<b>3.34</b>	<b>2.14</b>	<b>1.20</b>

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Undir 30-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	TKO Gudmundsdottir, Solborg / Gunnarsson, Egill Kari	ISL	6.25	3.78	2.47

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Undir 30-B**  
Competitors **2**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Keflavík</b> Atlason, Thorsteinn Helgi / Hermannsson, Karl Dui	ISL	<b>4.05</b>	<b>2.50</b>	<b>1.55</b>
2	<b>Afturelding</b> Gudmundsson, Sigurdur Mani / Larusson, Hilmar Birgir	ISL	<b>3.80</b>	<b>2.35</b>	<b>1.45</b>

# Poomsae Pair

## Bikarmót I Poomsae 2023-2024

Category **Pair Yfir 30-A**  
Competitors **1**  
Class **A**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Team FRAM</b> Petersen, Gudrun Nina / Runarsson, Rudolf	ISL	<b>4.60</b>	<b>2.70</b>	<b>1.90</b>

# Poomsae Team

## Bikarmót I Poomsae 2023-2024

Category **Team Cadet Male-B**  
Competitors **3**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Keflavík</b> Gudmundsson, Magnus Mani / Vyplel, Anton / Bator, Julia Marta	ISL	<b>3.87</b>	<b>2.24</b>	<b>1.63</b>
2	<b>IR</b> Yllescas, James Andre Oyola / El Bouazzati, Jasmin / Tjhin, Anna Suryati	ISL	<b>3.74</b>	<b>2.10</b>	<b>1.64</b>
3	<b>Team FRAM</b> Birgisson, Arnar Freyr / Gedvilass, Nojus / Birgisdottir, Lilja	ISL	<b>3.06</b>	<b>1.94</b>	<b>1.12</b>

# Poomsae Team

## Bikarmót I Poomsae 2023-2024

Category **Team Junior Male-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	Keflavík Atlason, Thorsteinn Helgi / Ninir, Amir Maron / Dobrenko, Klaudia	ISL	5.12	2.82	2.30

# Poomsae Team

## Bikarmót I Poomsae 2023-2024

Category **Team Undir 30 Male-B**  
Competitors **1**  
Class **B**

**3**

Pos.	Surname	Country	Average	Pres.	Acc.
1	<b>Afturelding</b> Eyjolfsson, Sigurjon Kari / Gudmundsson, Sigurdur Mani / Larusson, Hilmar Birgir	ISL	<b>2.54</b>	<b>1.82</b>	<b>0.72</b>